


Noko The Knight[®]

Bullying Prevention | Wholesome SEL Curriculum
Parent Workshops | Teacher Wellness Workshops

Having effectively served thousands of students worldwide, Eleni Theodorou continues to inspire young children to curiously explore their budding emotions.

It is through her tantalizing series **Noko The Knight[®]**, coupled with her compelling culturally-rich, multi-sensory programs called **Noko Busts Bullying!** that students understand that there is NO place for bullying, and that we have the power of choice:



**YES! I am a Knight!
I CHOOSE to do
what's right!**

Eleni's dedication and colorfully creative approach impactfully teaches students the **Art of Compassion**; the **importance of kindness, forgiveness and cultural appreciation**.

MEDIA KIT



SPEAKER BIO

Eleni Theodorou is a celebrated speaker, children's author, bullying prevention and Social Emotional Literacy (SEL) educator. She holds a bachelor's and honor's degree in psychology from the University of Pretoria in South Africa, and MS in sports psychology from Capella University in the United States.

Born and raised in South Africa, she currently lives in the United States where she teaches students life skills and the **Art of Compassion** through her multi-sensory, culturally-rich and peer-reviewed bullying prevention assemblies and workshops called **NOKO BUSTS BULLYING!** with lasting results.

Most excitingly, Eleni developed her wholesome SEL Professional Development training, parent workshops and her **PAINT YOUR PURPOSE™** teacher wellness workshops for teachers, counselors and social workers, all within the realm of her **NOKO THE KNIGHT®** series.

NOKO THE KNIGHT® is also incorporated into Theater in Education (TIE) programs as part of her holistic approach to bullying awareness and prevention educating by engaging children and their families.

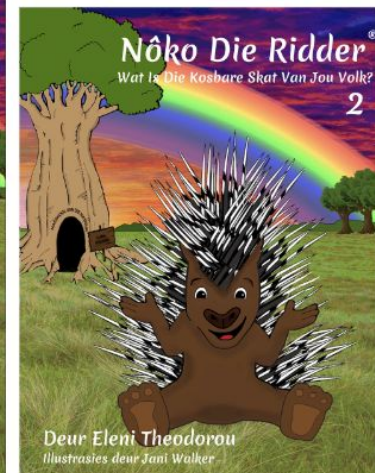
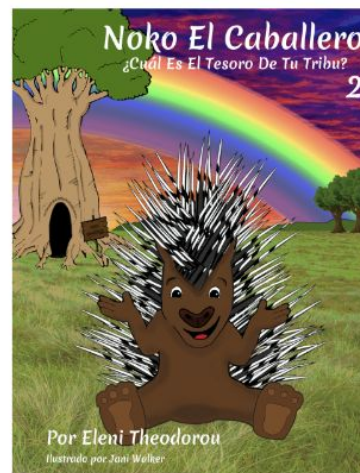
Eleni is a dedicated volunteer to special needs children, senior citizens, and is an active supporter of non-profit organizations dedicated to preventing cruelty to animals. Eleni welcomes, and is involved in, various community-focused endeavors.




NOKO THE KNIGHT®


Children's Series

Cultivating Courageous Kids!




What makes NOKO THE KNIGHT® unique?


 **Noko The Knight®** was born of a play therapy assignment given for the final exam of a nationally-recognized play therapy course in South Africa.

 **Noko Busts Bullying!** and Eleni's related **Social Emotional Literacy** (SEL) curriculum is deeply rooted in the school of Positive Psychology, encouraging young listeners to cultivate what is best within themselves, and to enhance their experiences of love, work, and play.


 **Noko The Knight®** values and encompasses mental health and wellness components.


 Theodorou's programs are wholesome, educational and are relatable to most.


 Embedded within her first tale is the grief cycle that some children experience upon hearing that another child will be joining the family. Eleni's second tale inspires students to be curious about their fellow classmates and their heritage, and to show respect and kindness for those who are different to us.

 Eleni's other stories cover meaningful themes that focus on wholesome values, diversity, inclusion and social skills that help boost their success in and out of the classroom.

 Students are taught cognitive flexibility, accountability and the **value of cultural diversity**.

 According to feedback from schools, students who have attended Eleni's presentations have reported a deeper understanding of how their actions impact another (including those furry, feathered and leathered) and have consistently displayed efforts to respond thoughtfully, in a pro-social, inclusive manner.

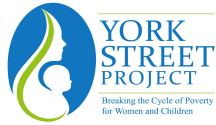
 It effectively ties in with the Life Skills and Character Development programs many schools adopt, and is successfully implemented within various school models.

 We, **Team Noko The Knight®**, embrace our social responsibility and give back to the children of our community through a variety of creative ways.

 Books and educational materials are available in English, Spanish AND Afrikaans!



TESTIMONY



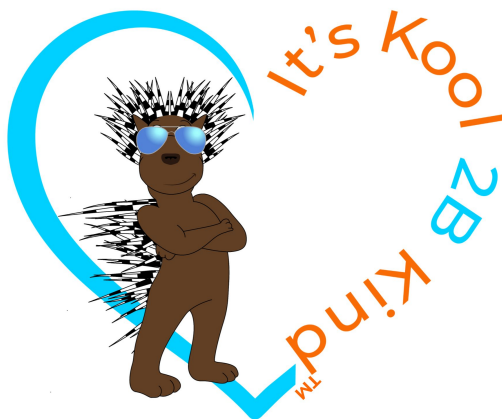
yorkstreetproject.org

“As an Educator, I believe that any school would benefit from Eleni’s story, not only because of its powerful message, rich culture and relatable characters, but the ease in which any teacher would be able to integrate it into the curriculum.

The impact of this story and the knowledge that can be acquired is limitless. I cannot stress what a gift it was for us to have Eleni present her story to our children.

She has left a lasting impression here at our Center and I am sure if welcomed into your school, would do the same.”

- Dominique Sherman, Education Coordinator (The Nurturing Place, USA)



We Are A Bullying-Free Family!
Invite **NOKO THE KNIGHT®** to your school

Noko’s Indaba

Meeting of the Chiefs & Wise Ones

Authentic tools from South Africa such as porcupine quills, guinea fowl feathers and more are used to offer a concrete demonstration of our lessons!



LET’S CONNECT



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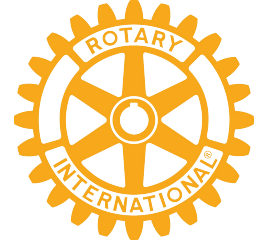
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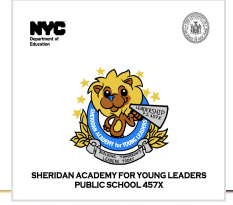
The Ethical Community
Charter School



BOYLE ROAD
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SCHOOL



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Evelyn Street Day School
A Caring Place to Learn and Grow



PRESCHOOL of **AMERICA**

